



Pottawatomie County Community Update

MONDAY, December 07, 2020-

Your safety, health, and security is our **top** priority.

	State of Kansas	Pott. County*
Total positive COVID-19 cases	174,025 (+5,730)	Per KDHE 754 (+29) Per PT County Health Dept: 748 (+21) 72 Active (+8); 2 Pending; 682 Recovered (+19)
Total COVID-19 hospitalizations	5,509 (+92)	2 current (+2, per PT County Health Dept) 29 cumulative (no change, per KDHE)
COVID-19 related deaths	1,856 (+40)	3 (no change)
Total Tests	861,324 (+16,138)	4,710 (+66) per KDHE 4,924 (+63) per PT County Health Dept

Numbers in parentheses indicates the difference since the last report; numbers are updated as available, usually on Mondays, Wednesdays, and Fridays. For a case summary, visit <https://www.coronavirus.kdheks.gov/160/COVID-19-in-Kansas> -

Did you know...?

Each year the first full week of December is designated as “National Handwashing Awareness Week.” This is not new or due to COVID-19, it has been around for years. Created to remind people that making good hand hygiene a habit, National Hand Washing Awareness Week is an effective way to prevent infections and illnesses. With the ongoing spread of COVID-19, this recognition is more important than ever. National Hand Washing Awareness Week is sponsored by *Henry the Hand Foundation* (<https://henrythehand.com/>). Will Sawyer, MD, International Infection Prevention Expert shares “The 4 Principles of Hand Awareness:”*

1. WASH your hands when they are dirty and BEFORE eating.
2. DO NOT cough into your hands.
3. DO NOT sneeze into your hands.
4. Above all, DO NOT put your fingers into your eyes, nose, or mouth.

*The 4 Principles of Hand Awareness have been endorsed by the AMA and the AAFP.

The Centers for Disease Control and Prevention (CDC) updated their COVID-19 page reminding citizens the best way to protect themselves (visit <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html> for more information):

1. Know how it spreads. Mostly through respiratory droplets, but may be transmitted by others means.
2. Wash your hands often, or use a hand sanitizer with at least 60% alcohol.
3. Avoid close contact (less than 6’) with non-household members.
4. Cover your mouth and nose with a mask when around others (not recommended for young children).
5. Cover coughs and sneezes with a tissue or inside of your elbow, do NOT use your hands.
6. Clean and disinfect frequently touched surfaces (cell phone, keyboard, car keys, doorknobs, etc.) daily.
7. Monitor your health. Watch for signs or symptoms of COVID-19, report changes to your primary care physician.

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