

# **COMMUNITY RESOURCE LISTINGS**

**WEB SITE: <http://www.pottcounty.org>**

## **ABUSE**

Crisis Center Manhattan **1-800-727-2785**  
Domestic Abuse Hotline **1-800-799-7233**  
Sexual Assault Hotline **1-800-656-4673**  
Substance Abuse Hotline **1-800-444-9999**  
Alcohol Hotline **1-785-537-8511**  
To Report Abuse **1-866-495-6980**

## **BIRTH CONTROL/FAMILY PLANNING**

Pott. Co Health Dept. **457-3719**

## **CAR SEATS**

Safe Kids Pottawatomie County **457-3396**

## **CHILDCARE**

List of child care providers **800-279-2372**

## **CHILD SAFETY INFORMATION**

Pottawatomie Safe Kids Coalition **457-3719**  
Car Seats, bike helmets, carbon monoxide detectors

## **CLOTHING**

See second hand shop listing

## **DENTAL**

See Dental Options

## **EARLY CHILDHOOD**

Infant-Toddler Pott/Wab Co. **456-7366**  
Early Head Start **456-6703**  
Home based education program for qualified families & children to age 3  
Head Start

Wamego **456-9165**  
Onaga **889-4722**

Parents as Teachers  
Home based parent education program for families with children to age 3

USD 320 Wamego **456-8333**  
USD 321 St. Mary's **584-6731**  
USD 323 Rock Creek **457-2800**  
USD 383 Manhattan **587-2058**

## **EDUCATION** (High School Diploma or GED)

21<sup>st</sup> Century Wamego  
**456-6276** or **1-866-338-2968**

To obtain High School Diploma

First Start Holton **364-5664**  
(Onaga School District)

Adult & Family Learning Center  
Manhattan **539-9009**

Manhattan Workforce Center **785-539-5691**  
205 S. 4<sup>th</sup> Manhattan

Job Corp can get GED

Manhattan **537-7222** or **1-800-733-5627**

## **EMPLOYMENT**

Vocational Rehabilitation **776-4011**

Provides training for people who are unable to return to previous job

Manhattan Work Force and Heartland Works

205 S. 4<sup>th</sup> Street Manhattan **539-5691**

Job Corp **537-7222** or Toll free **800-733-5627**

4620 Eureka Drive Manhattan

Age 16-24 training and educational needs to secure a job

## **FOOD PANTRIES**

Onaga (Janet McKinsey) **889-4581**

St George (Winnie Sharp) **494-2826**  
(Sherry Duncan) **494-2255**

St Mary's (Mary Poell) **437-2448**  
(Tina Roth) **584-6466**

USD 320 (Wamego area) **456-7495**

USD 382 (Brenda Kietz) **485-2266**

## **GENERAL ASSISTANCE**

SRS – 2709 Amherst Ave, Manhattan

**776-4011** Toll Free **1-888-369-4777**

Area Agency on Aging – Manhattan

**1-800-432-2703**

For people over age of 60, Programs with in-home services

## **HEALTH INSURANCE**

Healthwave **1-800-792-4884**

[www.kansashealthwave.org](http://www.kansashealthwave.org)

Low income health insurance

## FINANCIAL ASSISTANCE

Limited funds available, assistance limited to one time per year.

\*Financial Counseling:

Housing & Consumer Credit **539-6666**

Community Health Ministry **456-2556**

\*Low Income Energy Assistance Program

Jan thru Mar

Applications at SRS – Assist with utility cost

\*Check about Payment Plans

Infant-Toddler of Pott/Wab

\*must have a child in the home

456-7366

NEK-CAP: Onaga:

**889-4722** Toll free **888-383-6113**

Wamego:

**456-9165** Toll free **888-383-6114**

Red Cross: Project Deserve (for Westar customers)

**888-765-9058**

A member of household must meet one of following criteria:

1. age 60 or older OR receives permanent disability income from SSI or SSD
2. meet income guidelines  
(money available the 1<sup>st</sup> of each month)

Salvation Army Pottawatomie County

General needs (rent, utility, etc.) **456-7872**

Community Health Ministry

Medications or medical **457-3719**

Salvation Army 308 Poyntz Manhattan

**539-9399** ext **402**

Gift of Warmth (Heating assistance) Salvation Army

November through April

Income limit of 200% poverty. Has funds monthly.

Shepherd's Crossing **776-1470**

621 Humboldt Manhattan

Tue 10-2 & Thur 2-6

(Assistance with medication, utilities and rent)

The Farm Inc. (TFI) **539-1017**

Manhattan

(rent with eviction notice and utilities shut off notice)

(must have child in the home, no cash assistance from SRS)

Wamego Council of Churches

(needs to live in school district) **456-2556** or **456-7495**

Wabaunsee County: Community Action Inc

**235-9561** or **1-866-235-9561**

Door Step **357-5341**

1119 S. W. 10<sup>th</sup> Topeka

(may help with rent/utilities in St. Mary's area if funds available)

## FOOD

\*Reduced/free lunches at school-Call school for application

\*SRS (Food Stamps) (Vision Card)

**776-4011** Toll Free **888-369-4777**

\*WIC **776-4779**

Income based food program for pregnant women & children to age 5

Monthly Clinics in Wamego & St. Mary's **457-**

**3719**

Westmoreland Methodist Church **457-3949**

First Congregational Church

700 Poyntz Ave, Manhattan

Free meals Sundays 5:15pm

Next day sack lunch provided too!

St. Paul's Episcopal Church

601 Poyntz Ave, Manhattan

Free meals Tuesdays & Fridays 7-9am

First United Methodist Church

612 Poyntz Ave, Manhattan

Free meals Wednesdays 6-7pm

Next day sack lunch provided too!

Let's Help **234-6208**

215 S. E. Quincy Topeka

(Income guidelines apply)

CSFP program (not on WIC, children 1-6, women-pregnant, breastfeeding, people over age 60)

Commodities:

Call for income guidelines

Alma John Sauvage **765-3433**

Olsburg Dan Holt **468-334**

Onaga/Havensville Donna Bryan **889-4364**

Paxico Betty Schultz **636-5525**

St Marys Anita Jensen **535-2701**

Wamego & St. George **456-7872**

Westmoreland **457-3719**

Wheaton Melissa Green **396-4433**

Community Garden Wamego Area **456-9165**

**Harvesters Community Food Network**—See last page for day, time, and location in your area

## FOOD VOLUNTEER PROGRAMS

Angel Food Ministries **456-7872**

Heartland Share - Volunteer 2 hours of service & for \$15- 16 receive \$30 of fresh food. Wamego **456-7396**

Manhattan **539-8790**

Prairie Land Food – food packages available for purchase with volunteer requirement, open to anyone

[www.prairielandfood.com](http://www.prairielandfood.com)

Wamego **456-9803**

Manhattan **539-6497** or **537-0378**

[linda@prairielandfood.com](mailto:linda@prairielandfood.com) or **1-800-298-1989**

## HOUSING

Manhattan Emergency Shelter      **537-3113**  
831 Leavenworth  
(For people with no housing)  
Manhattan Housing Authority      **776-8588**  
300 N 5<sup>th</sup> Manhattan

Section 8 Housing (South Pott. Co)      **776-9666**  
Low rent housing for working people  
Can help with Deposits in Manhattan and within 15 miles of Manhattan

## HOUSING WEATHERIZATION ASSISTANCE

NEK-CAP **888-904-8159 ext. 143**

**Contact person: Jack Shaefer**

(Families with children, elderly or handicap can apply)

\*Can rent

## HOUSING REPAIRS: (elderly)

Rural Development

**776-4839 ext. 4**

\*Income limits apply

## IMMUNIZATIONS:

Pott. Co. Health Dept. **457-3719**

## MEDICAL CLINICS:

### Konza Prairie

361 Grant Junction City

**238-4711** - call for appt.

(payment on sliding fee scale)

### Shawnee County Health Agency

1615 SW 8<sup>th</sup> Street Topeka

**368-2000** – call for appt.

(payment on sliding fee scale)

### Community Health Ministry

903 6<sup>th</sup> Street Wamego

**456-7872**

Has nurse available 10am -4 pm

## Community Healthcare System -

### Onaga, St Marys, Westmoreland

Will work with clients who have no insurance, allowing payments as well as discount.

Need to inquire when presenting or calling for services.

#### **Onaga**

Onaga Clinic  
120 Eighth Street  
Onaga  
**889-4274**

#### **St Marys**

St Marys Clinic  
206 Grand Avenue  
St Marys  
**437-3734**

## **Westmoreland**

Westmoreland Family Health Center  
304B Main Street, Westmoreland  
**457-9890**

## MEDICAL

Farmworker Program

200% poverty level, uninsured

Worked agri/greenhouse or nursery in last 2 years.

Call Pott. Co Health Dept. for details

**457-3719**

Community Health Ministry-Wamego

903 6<sup>th</sup> Street, Wamego **456-7872**

## MEDICAL ASSISTANCE:

\*ask about medication samples

\*ask about payment plans

\*indigent care application for care

\*Pott. Co. prescription discount card

Health Connections (SV) **354-5225**

Information on classes offered at Stormont Vail

Charitable Care thru St. Francis **295-8000**

assists with hospital bill at St. Francis

Care Line **354-6851**

helps with equipment, medicine if seeing Cotton O'Neil doctor

Early Detection Works/Susan G. Komen

Assist with mammogram cost if

qualify. For more information call

Pott. Co. Health Dept. **457-3719**

## MEDICAL NEED:

Special Health Care Services **296-1313**

Children under 21 with Physical disabilities or chronic disease

Pawnee Mental Health **587-4300**

Kansas Society for Crippled Children **800-624-4530**

Helps children who are crippled, handicapped, or disabled  
106 W. Douglas, Wichita

Pottawatomie County Health Dept

Family Planning, Pregnancy Test **457-3719**

Three Rivers (helps people with disabilities)

**800-555-3994** Wamego **456-9915**

Resource Center for Independent Living Inc.

Helps people with disabilities **800-580-7245**

**NUTRITION:**

Pott. Co. Extension Family & Nutrition  
Program Nutrition/Cooking Classes  
**457-3319**

**POISON CONTROL CENTER 800-222-1222****PREGNANCY:**

Pott. Co. Health Dept. **457-3719**  
Maternal & Infant Program  
Pregnancy Testing Center **539-3338**  
1433 Anderson

**RESOURCES:**

American Cancer Society **1-800-227-2345**  
American Red Cross Manhattan  
**1-800-Red-Cross (1-800-733-2767)**  
Consumer Protection  
**1-800-432-2310**  
Salvation Army **539-9399**  
308 Poyntz Ave., Manhattan  
Emergency Assistance  
Kansas Legal Service **1-800-723-6953**  
104 S. 4<sup>th</sup>, Manhattan **537-2943**  
712 S. Kansas, Topeka **354-8531**  
Housing & Credit Counseling Inc.  
2601 Anderson, Manhattan **539-5327**

**SUPPORT SERVICES:**

Big Brothers/Big Sisters **456-6788**  
Catholic Charities (Counseling) **537-7066**  
Child Support Enforcement **776-4011**  
(SRS) 2709 Amherst, Manhattan  
Community Health Ministry **456-7872**  
903 6<sup>th</sup> Street Wamego  
Assist with needs to promote health & wellness  
Divorce Support Groups **537-7173**  
Manhattan – Alan Todd  
Endless Possibilities (Counseling)  
**341-9993**  
Family Life Education Center **456-9001**  
Kansas Tobacco Quitline  
**866-526-7867 or www.quitnow.net**  
La Leche League (Breastfeeding)  
**1-800-525-3243**  
Wamego **785-410-0183** (Annie) or  
Manhattan **785-370-4356**  
Mom's Club of Wamego **456-8014**  
New Parent Support Program **239-5777**  
(Military Families)  
Soldier & Family Support Center **239-9435**  
Bldg 7264, Ft. Riley  
S.M.I.L.E. **785-427-2222 or 888-904-8159**  
(Surround, Move, Include, Learn & Engage with families in poverty)

**TELEPHONE:**

Connecting service:  
Link up America  
Life line (discount monthly rate)  
\*Is Income based  
Sprint **800-788-3500**  
SWB **800-246-4999**  
Wamego **456-1014**  
Blue Valley **877-876-1228**

**TRANSPORTATION:**

Pottawatomie County Mini Bus **1-877-728-0433**  
Onaga: if being seen by Onaga providers  
Call **889-4274** for a ride  
St. Marys: if seeing Onaga system providers  
Provider call **437-2286**  
Wamego: ride within the city limits  
**456-7872 \*needs 24 hour notice**  
G&B Enterprises Inc.  
**800-826-8294**  
will transport medicaid clients  
First Class Transportation  
**266-1331**

**VISION:**

\*Free eye exam for 3 year olds  
See local optometrist  
Eye exams:  
Vision USA- call **457-3719**  
Low income adults and kids  
No eye exam for 2 years  
Infant SEE: **1-888-396-3937**  
-vision assessment for children 6-12months  
-of age, at no cost to you  
Sight for Students: eye exam & glasses  
Girls & Boys Club  
Manhattan **539-1947**  
Contact: Casey Kimmel  
Income based  
Can access annually  
  
National Eye Care Project: **1-800-222-3937**  
Free eye exam and/or treatment to see if you  
qualify:  
Go online: [www.eyecareamerica.org](http://www.eyecareamerica.org)  
Also has free information regarding: eye care and  
treatment for: Cataract, Diabetic Retinopathy,  
Glaucoma, and Macular Degeneration

**WELL WATER TESTING:**

Pottawatomie Co. Sanitation **457-3397**



With Partner Organization

Community Health Ministry in Wamego

### **Rural Mobile Food Pantry Distribution**

**WHAT:** A distribution of fresh, nutritious food for individuals and families in need. We will distribute right off the truck, and the food may be heavy. Driving a car or bringing a box, cart, or sturdy bag is recommended.

**WHERE:** **St. George: 2<sup>nd</sup> Thursday** of every month from 10:00 – 11:00am at United Methodist Church parking lot (303 Grant Ave.)  
Questions: Call Winnie (785) 494-2826

**Wamego: 2<sup>nd</sup> Thursday** of every month from 11:30 – 1:00pm at Wamego Middle School Parking lot at Hwy 24 and Say Road  
Questions: Call Carla at (785) 456-7872

**St. Mary's: 4<sup>th</sup> Wednesday** of each month from 11:00 – 12:00pm in the Immaculate Conception Church parking lot (204 W. Bertrand)  
Questions: Call John (785) 437-6123

**Onaga: 1<sup>st</sup> Friday** of every month from 10:00—11:00 at the parking lot directly south of Onaga City Hall. Lineup on Third Street  
Questions: Call (785) 889-4507

**Westmoreland: 1<sup>st</sup> Friday** of every month from 12:00 – 1:00pm at the Methodist Church Parking lot. (107 2<sup>nd</sup> St.)  
Questions: Call (785) 457-3491

**Who:** FIRST COME-FIRST SERVED, Everyone is eligible.

**What is Harvesters?** Harvester's is Kansas City's only food bank. It is the community's response to hunger, helping people in need by collecting food, distributing food and educating about hunger in 26 Kansas and Missouri counties.

## **Cleaning Services:**

Cleaning for a Reason- Go to [www.cleaningforareason.org](http://www.cleaningforareason.org)

Any women currently undergoing chemotherapy this is a free housecleaning service. They will clean her house once per month for 4 months while she is in treatment.

This organization serves the entire USA and has 547 partners to help. Cleaning for a Reason will have a participating maid service in the area arrange for the services.